



AUGUST 2019 • DELI MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 PORK ROAST OR PEPPER STEAKS	2 SHRIMP STEW OR FRIED CATFISH	3 RED BEANS & SAUSAGE OR BAKED OR FRIED CHICKEN
4 BBQ CHICKEN SAUSAGE OR BBQ CHICKEN	5 PORK & SAUSAGE JAMBALAYA OR CHICKEN FRIED STEAK	6 SMOTHERED TURKEY WINGS OR CHICKEN FETTUCCINE	7 SMOTHERED FRESH SAUSAGE OR BBQ TRI TIPS	8 LIVER & ONIONS OR SMOTHERED RABBIT	9 SEAFOOD JAMBALAYA OR FRIED CATFISH	10 GRILLADES OR BAKED OR FRIED CHICKEN
11 BBQ RIBS OR BBQ CHICKEN	12 CHICKEN STEW OR LASAGNA	13 SMOKED SAUSAGE & POTATO STEW OR CABBAGE ROLLS	14 SMOTHERED SEVEN STEAKS OR BBQ STUFFED PORK CHOPS	15 STUFFED BELL PEPPERS OR MEATBALL STEW	16 CRAWFISH FETTUCCINE OR FRIED CATFISH	17 RED BEANS & SAUSAGE OR BAKED OR FRIED CHICKEN
18 PORK STEAKS OR BBQ CHICKEN	19 PORK & SAUSAGE JAMBALAYA OR FRIED PORK CHOPS	20 SHEPHERD'S PIE OR GRILLADES	21 HAMBURGER STEAKS OR BBQ RIBS	22 MEATLOAF OR LIVER & ONIONS	23 SHRIMP ETOUFFEE OR FRIED CATFISH	24 SMOTHERED FRESH SAUSAGE OR BAKED OR FRIED CHICKEN
25 BBQ TRI TIPS OR BBQ CHICKEN	26 CHICKEN FRIED STEAK OR SPAGHETTI & MEAT SAUCE	27 SMOKED SAUSAGE & POTATO STEW OR SALISBURY STEAK	28 SMOTHERED PORK CHOPS OR BBQ STUFFED CHICKEN BREAST	29 PORK ROAST OR CORNISH HENS	30 SHRIMP STEW OR FRIED CATFISH	31 RED BEANS & SAUSAGE OR BAKED OR FRIED CHICKEN

DAY	BEAN	VEGETABLE	DESSERT
Sunday	Baked Beans	Boiled Corn - Macaroni & Cheese - Rice Dressing	
Monday	Red Beans	Spinach - Corn	Peach Cobbler
Tuesday	Blackeye Peas	Green Beans - Russet Potatoes - Okra	Apple Cobbler
Wednesday	Sweet Peas	Smothered Cabbage - Buttered Squash - Lima Beans	Strawberry Cobbler
Thursday	White Beans	Beets - Steamed Broccoli - Sweet Potato Casserole	Blackberry Cobbler
Friday	Green Beans	Hush Puppies - French Fries - Broccoli Au Gratin	Pecan Cobbler
Saturday	Field Peas	Mustard Greens - Carrots	Strawberry Cobbler

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