



JULY 2018 • DELI MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 BBQ RIBS OR BBQ CHICKEN	2 FRIED PORK CHOPS OR SPAGHETTI & MEAT SAUCE	3 SMOTHERED CHICKEN OR STUFFED BELL PEPPERS	4 MEAT LOAF OR BBQ STUFFED PORK CHOPS	5 HAMBURGER STEAK OR SMOKED SAUSAGE & POTATO STEW	6 SHRIMP STEW OR FRIED CATFISH	7 RED BEANS & SAUSAGE OR BAKED OR FRIED CHICKEN
8 BBQ PORK STEAKS OR BBQ CHICKEN	9 CHICKEN FETTUCCINI OR CHICKEN STEW	10 SHEPHERD'S PIE OR GRILLADES	11 PEPPER STEAKS OR BBQ RIBS	12 LIVER ONIONS OR PORK SAUSAGE JAMBALAYA	13 CRAWFISH ETOUFFEE OR FRIED CATFISH	14 SMOTHERED FRESH SAUSAGE OR BAKED OR FRIED CHICKEN
15 BBQ TRI TIPS OR BBQ CHICKEN	16 SMOTHERED SEVEN STEAK OR STUFFED BELL PEPPERS	17 SMOTHERED TURKEY WINGS OR CABBAGE ROLLS	18 CHICKEN STEW OR BBQ PORK STEAKS	19 PORK ROAST OR CHICKEN FRIED STEAK	20 SHRIMP & SQUASH CASSEROLE OR FRIED CATFISH	21 MEAT LOAF OR BAKED OR FRIED CHICKEN
22 BBQ FRESH CHICKEN SAUSAGE OR BBQ CHICKEN	23 SMOTHERED FRESH SAUSAGE OR SMOTHERED RABBIT	24 SALISBURY STEAK OR SMOTHERED PORK CHOPS	25 MEAT BALL STEW OR BBQ STUFFED CHICKEN BREAST	26 LIVER ONIONS OR GRILLADES	27 SEAFOOD JAMBALAYA OR FRIED CATFISH	28 SMOTHERED SEVEN STEAKS OR BAKED OR FRIED CHICKEN
29 BBQ RIBS OR BBQ CHICKEN	30 SMOTHERED PORK CHOPS OR CHICKEN FRIED STEAK	31 SMOTHERED CORNISH HEN OR LASAGNA				

DAY	BEAN	VEGETABLE	DESSERT
Sunday	Baked Beans	Boiled Corn - Macaroni & Cheese - Rice Dressing	
Monday	Red Beans	Spinach - Corn	Peach Cobbler
Tuesday	Blackeye Peas	Green Beans - Russet Potatoes - Okra	Apple Cobbler
Wednesday	Sweet Peas	Smothered Cabbage - Buttered Squash - Lima Beans	Strawberry Cobbler
Thursday	White Beans	Beets - Steamed Broccoli - Sweet Potato Casserole	Blackberry Cobbler
Friday	Green Beans	Hush Puppies - French Fries - Broccoli Au Gratin	Pecan Cobbler
Saturday	Field Peas	Mustard Greens - Carrots	Strawberry Cobbler

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