



SEPTEMBER 2018 • DELI MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 RED BEANS & SAUSAGE OR BAKED OR FRIED CHICKEN
2 BBQ FRESH SAUSAGE OR BBQ CHICKEN	3 SMOKED SAUSAGE & POTATOES OR CABBAGE ROLLS	4 CHICKEN STEW OR FRIED PORK CHOPS	5 SMOTHERED SEVEN STEAKS OR BBQ STUFFED CHICKEN BREAST	6 LIVER & ONIONS OR CHICKEN FRIED STEAK	7 SHRIMP STEW OR FRIED CATFISH	8 SMOTHERED CHICKEN OR BAKED OR FRIED CHICKEN
9 BBQ RIBS OR BBQ CHICKEN	10 RED BEANS & SAUSAGE OR SMOTHERED PORK CHOPS	11 SHEPHERD'S PIE OR GRILLADES	12 HAMBURGER STEAKS OR BBQ STUFFED PORK CHOPS	13 PORK ROAST OR CHICKEN FETTUCCINE	14 CRAWFISH ETOUFFEE OR FRIED CATFISH	15 MEAT LOAF OR BAKED OR FRIED CHICKEN
16 BBQ TRI TIPS OR BBQ CHICKEN	17 SPAGHETTI & MEAT SAUCE OR SMOTHERED CHICKEN	18 SMOTHERED RABBIT OR SALISBURY STEAK	19 SMOTHERED FRESH SAUSAGE OR STUFFED BELL PEPPERS	20 LIVER & ONIONS OR SMOTHERED TURKEY WINGS	21 SQUASH & SHRIMP CASSEROLE OR FRIED CATFISH	22 RED BEANS & SAUSAGE OR BAKED OR FRIED CHICKEN
23 BBQ PORK STEAKS OR BBQ CHICKEN	24 PORK & SAUSAGE JAMBALAYA OR SMOTHERED CORNISH HENS	25 MEAT LOAF OR PEPPER STEAK	26 MEATBALL STEW OR BBQ RIBS	27 PORK ROAST OR LASAGNA	28 SEAFOOD JAMBALAYA OR FRIED CATFISH	29 CHICKEN FRIED STEAK OR BAKED OR FRIED CHICKEN
30 BBQ FRESH SAUSAGE OR BBQ CHICKEN						

DAY	BEAN	VEGETABLE	DESSERT
Sunday	Baked Beans	Boiled Corn - Macaroni & Cheese - Rice Dressing	
Monday	Red Beans	Spinach - Corn	Peach Cobbler
Tuesday	Blackeye Peas	Green Beans - Russet Potatoes - Okra	Apple Cobbler
Wednesday	Sweet Peas	Smothered Cabbage - Buttered Squash - Lima Beans	Strawberry Cobbler
Thursday	White Beans	Beets - Steamed Broccoli - Sweet Potato Casserole	Blackberry Cobbler
Friday	Green Beans	Hush Puppies - French Fries - Broccoli Au Gratin	Pecan Cobbler
Saturday	Field Peas	Mustard Greens - Carrots	Strawberry Cobbler

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